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**FOR IMMEDIATE RELEASE**

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**ISA HERRERA MSPT, VULVAR PAIN PHYSIO-THERAPIST,  
JOINS MICROLIGHT LASER MEDICAL ADVISORY BOARD**  
**Women Who Suffer From Painful Sex**  
**Find Relief With Low Level Laser Therapy**

NEW YORK, NEW YORK - December 20, 2006 - Would you believe that 10.1 million women suffer from some form of pelvic pain during their childbearing years, and within this population a chief complaint is painful intercourse? At the Renew Physical Therapy Center in New York City, women who had felt hopeless and without recourse are now achieving pain-free lifestyles with low level laser therapy and treatment protocols developed by Physiotherapist and author Isa Herrera, MSPT. Isa's expertise and unique treatment protocols using the Microlight ML830 Low Level Laser have driven Microlight's CEO Michael Barbour to invite Ms. Herrera to join his renowned medical advisory board this December.

"I began to realize that I could provide relief for women who suffer from pain that affects every facet of their lives," states Ms. Herrera. At Isa Herrera's therapy center, women with pelvic pain and painful scar conditions are reporting pain relief, faster healing times and improved function. These pelvic conditions that lead to painful and intolerable sex are called vulvodynia, vestibulitis dyspareunia and vaginismus. Other conditions, often ignored, are painful scar conditions such as c-section, myomectomy, and endometriosis, which can lead to pelvic pain and painful sex. Unfortunately, these women are often told that their pain is "in their heads" and that there are no available treatments. We now know that treatments that involve combination of physiotherapy and low level laser help these women get their lives back on track, and back to enjoying pain-free sex again. Isa Herrera states "I am excited to have been asked to join the advisory board for a product that I truly believe works for these women".

The ML830 Laser is a biostimulator that helps the body heal itself, sending its photon energy to injured tissue accelerating the body's natural healing mechanisms. Microlight's photo-medicine, unlike other laser products on the market, is the first FDA approved laser modality that helps to decrease pain and inflammation, improve nerve function, prevents keloids in scars and improves blood circulation to the tissues. It is a Class 3 laser device that produces no heat, and does not cut, coagulate or vaporize, any tissue. "Because there are no adverse effects, Low Level Laser Therapy with the ML830 can be used on sensitive tissues throughout the female pelvis, often resulting in a reduction of pain within one treatment session," states Ms. Herrera.

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If you'd like more information about this topic, or to schedule an interview with Isa Herrera, please contact her at 212-213-4660 or email [isa@Renew-PT.com](mailto:isa@Renew-PT.com)